

Middle School Summer PE/Health 2017

This summer we are excited to offer Summer School PE and Health for students who wish to complete their 7th or 8th grade PE/Health requirement outside of the regular school year! Below are the details for the program.

Dates: May 30th - June 29th

These dates align with the dates of our regular Middle School summer school program. Be sure to enroll in our regular summer school program online (www.isdschools.org) and then complete the additional enrollment paperwork attached to this form. In order to fulfill DESE requirements for the PE and Health minutes, a student is required to attend all 19 days of summer school. Students cannot be tardy or leave early on any of these days.

Times: 7:25am - 12:15pm (PE/Health Only)

OR

7:25am - 1:55pm (PE/Health + additional class)

Students may choose to attend a PE/Health Only schedule or a PE/Health + additional class summer school schedule. Transportation will be provided for all summer school students <u>to</u> Bingham Middle School. However, if students chooses to attend PE/Health Only they <u>must be picked up at 12:15pm each day by a parent/guardian.</u> If a student chooses to stay for the full summer school day, they will be assigned to afternoon coursework - not additional PE classes. Full day students may ride their regular summer school bus home at the end of the day. All students will be provided lunch regardless of their attendance day.

Students attending FULL DAY summer school will be eligible for the attendance gift card. Students who opt for the PE/Health Only schedule will NOT be eligible for the gift card.

Location:

Students will report to **Bingham Middle School** each morning but will likely use several facilities on the middle school campus throughout the day.

Who should enroll in summer PE/Health?

Any 7th or 8th grade student who wishes to add an elective to their schedule for the 2017-18 school year can take summer school PE/Health. This removes the PE/Health requirement for the school year and allows most students to choose 2 courses from the elective options for the grade level. Students who plan to take PE/Health during the school year should NOT take the course in the summer.

What should students wear to summer PE/Health?

Students will be required to come to summer school dressed in shorts/sweats, a t-shirt (no tank tops or camisoles), and tennis shoes (no sandals or flip flops) each day. Students are encouraged to apply sunscreen each morning before arrival.

What are the expectations for the summer PE/Health course?

Students will move between a series of indoor and outdoor activities and classroom opportunities spread across the middle school campus including: team and individual sports, nutrition, plyometric, weight training, and personal health and wellness. In order to receive credit for the course, **students will be required to attend and participate in ALL activities throughout the day.** Students will set goals and create personal health and fitness plans and will have sufficient opportunities for hydration, healthy snacks, and recovery time between events or "circuits".

If your student is interested in pursuing this Summer Success option, please enroll online for our regular Summer Success program AND then complete the attached form with your child. All forms must be submitted it to your middle school main office no later than April 10th. Enrollment in this course may be limited due to the number of student requests and staff availability.



INDEPENDENCE SUMMER SUCCESS Middle School Summer PE/Health 2017



ISD In-District Student Enrollment Form 3/10/17 Revised

Student Name:	nt Name: Student ID Number:		
Grade (Fall 2017):		Date of Birth:	
Course Offering Summer School PE/Health ONLY		Grade Level 7 th - 8th	Credit Earned
Class Expectations		Parent/Guardian Initials	Student Initials
 Students must first register for Summer Success at <u>www.isdschools.org</u> before completing this form. 			
 Students will be expected to attend all 19 days of Summer Success in order to complete DESE's mandated minutes for Middle School PE/Health 			
 Students will come dressed in appropriate clothing (shorts/sweats and a t-shirt) and tennis shoes each day. 			
 Students will fully participate in all classwork and physical activities for the entire course. (There will be no "opt out" or alternative activities offered.) 			
Students who choose not to participate will be placed in the regular summer school rotation or will be dropped from the course.			
6. Students who choose PE/Health ONLY must be picked up at Bingham MS by 12:15 each day.			
Students who choose the full day option will be assigned additional courses for the remainder of the school day.			
Check here if your student will be picked up by a par attend PE/Health ONLY Summer Success are not eligible			
Parent Signature & Date	student Signature & Date		
Principal Signature & Date			

Return the completed form to your Middle School main office no later than April 10, 2017