



# Psychology

The following learning targets represent the major concepts studied and assessed in this course.

## **Unit 1**

### **Introduction to Psychology**

- I can define psychology.
- I can compare and contrast the psychological approaches. (biological, behavioral, cognitive, social, psychoanalytic, evolutionary, and humanistic)
- I can explain the importance of the scientific method and critical thinking in regards to research methods.
- I can discuss ethics in animal and human research.

## **Unit 2**

### **Biological Base of Psychology**

- I can describe the basic structure and purposes of neurons.
- I can describe, classify, and explain major divisions of the nervous system.
- I can explain how the nervous system impacts behavior.
- I can identify, describe, and explain the function of the structure, lobes, and areas of the brain.
- I can explain how the structure of the brain affects behavior.
- I can explain how sense help people make sense of the world through sensation and perception.

## **Unit 3**

### **Psychological Processes**

- I can explain, compare, and contrast the processes of classical & operant conditioning.
- I can describe the processes of memory. (encoding, storage, & retrieval)
- I can describe the relationship between memory and learning.
- I can evaluate the utility of motivational theories to explain motivation.
- I can explain the causes and effects of stress on health and behavior.
- I can evaluate the utility of personality assessments to explain personality.

## **Unit 4**

### **Psychological Disorders**

- I can define psychologically abnormal behavior.
- I can compare and contrast between various psychological disorders.
- I can discuss aims, methods, and effectiveness of various psychological therapies.