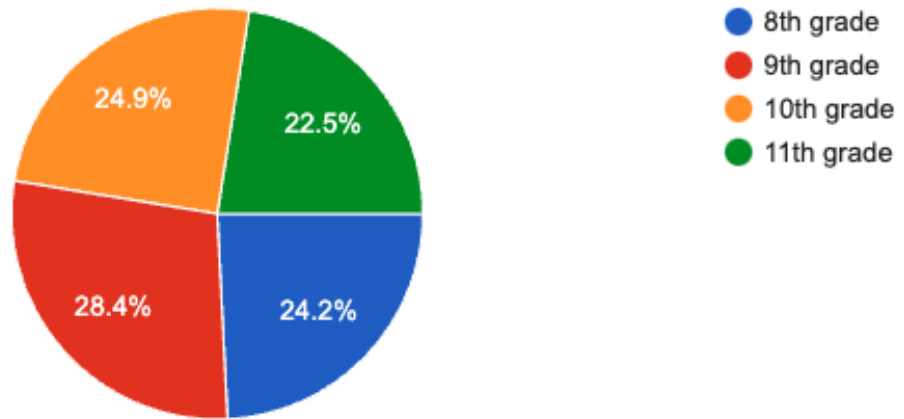


**ISD Student Survey: Four-Day School Week
Responses: 2,888 (66% response rate)**

Question 1:

In what grade are you currently enrolled? Select one.

2,888 responses



Question 2: Please select any fifth-day options in which you might participate. Check all that apply.

| Selection choices | Number of responses | Percentage of responses |
|---|---------------------|-------------------------|
| Work part-time | 1496 | 52% |
| Field trips, college visits | 1309 | 45.3% |
| Credit recovery, attendance makeup at school | 948 | 32.8% |
| A+ volunteer opportunities, service learning | 714 | 24.7% |
| Internships, job-shadowing | 693 | 24% |
| Enhanced learning opportunities, tutoring at school | 688 | 23.8% |
| Wouldn't participate in fifth-day activities | 628 | 21.7% |
| College classes | 533 | 18.5% |
| Other | 92 | 3.2% |

Answers typed into blank field; duplicates have been removed:

1. access to the weight room
2. After school activities (Theatre)
3. after school activity

4. anything to do with sports
5. baby sitting/visit family
6. Babysitting my little sister
7. band events
8. band performances
9. base ball
10. baseball
11. be at home and help support family
12. boy scouts
13. Catch up on any work that I didn't complete throughout the week (homework).
14. Catching up on sleep that I miss because I wake up at 5 a.m. to get ready for school. clear my mind so i have a better mindset and maybe go to the gym
15. College basketball trips, track and field trips
16. Cooking
17. Do things that I can't in school, like study.
18. Do whatever I want to do
19. e sports or construction
20. Educational yet fun assignment day to relax from normal school stress.
21. Exercise
22. F
23. Football
24. free time in classes
25. Gaming Day (bring video games to school)
26. get a break on work for 5 min if we work hard
27. get a job
28. get someone to do my work for me
29. Go fishing, hunt, sleep longer
30. Going to tutoring however not every Friday. Also would be great as I'd get more time to make money.
31. Herndon career center
32. homework, sleep
33. I also clicked wouldn't participate because some days I probably wouldn't
34. I am deciding still
35. I am not on board with a four day school week
36. i do not know
37. I don't know what a fifth day option is
38. I don't know what this means but DON'T GO TO FOUR DAY WEEKS
39. i dont do any fifth days activities
40. i love u dale
41. i luv u dale
42. I play sports that practice after school
43. I think the fifth day is to much for students because if is five day in school people are going miss school day and there attendances wont be good. then they have take Saturday school and that sucks.
44. i think we should have 4 day weeks so i can work on the off day
45. I would say do sports such as Boxing but that's it. There's nothing really positive about this.
46. I would work on all the work i didn't get to complaint.
47. i wouldnt have a way to get to school without a bus
48. i'd use it as a work day and maybe get myself a part time job
49. idk
50. idk what you mean by 5th day option
51. If we aren't in school i will treat it as if it's a weekend day and won't respond to any teachers.
52. im already in boys & girls club
53. Increased practice time for private lesson material
54. it can help me with geting good amount of sleep and part time jobs
55. JROTC practice stuff

56. KEEP FIVE DAY WEEKS
57. Marching Band/Concert band practice
58. Marvel Club Movie Night
59. Mental health brakes
60. minding my own business
61. More extracurricular times (rehearsals and practices)
62. more soccer training to get a good scholarship.
63. music
64. n/a
65. none
66. None For Now
67. not a thing i don't want 4 day weeks
68. nothing
69. Part time working - Mowing lawns doing chores
70. physical stuff
71. Playing video games for too long
72. probably only sleep....
73. Probably some other stuff
74. probily non
75. rather just have it off
76. resting in my bed
77. Self care,and to have a lil extra time for homework or study
78. SLEEP!
79. sleeping
80. soccer
81. spending time with my family, talking to my therapist
82. sports
83. still need to get at 2:25 if not then just messes wat we have planed or things to do if we do 4 day week an long time no 4 day week an still get out at 2
84. strength training
85. study more
86. unsure
87. video games
88. Video Games and sleeping
89. Wasn't worded for me to understand so I don't know.
90. watch my niece
91. what does this mean. like school actibties on friday. none
92. whatever i plan on doing
93. will kids who are on sports teams have to come all five days?
94. work on grades
95. work on missing work
96. work on school work if needed, or just catch up on work
97. Working to get better at my sport. (Basketball)
98. workouts but id much rather have that off day to go to the gym seperatly without having to worry about school
99. Would we still have practice for sports on Monday still?
100. yeah i want i 4 day week but like im not tryna do none of that
101. yes

Question 3: Please indicate areas of concern for you as a student with the possible adoption of a four-day school week. Check all that apply.

| Selection choices | Number of responses | Percentage of responses |
|------------------------------------|---------------------|-------------------------|
| Longer school day | 1652 | 57.2% |
| Shortened holiday breaks | 1430 | 49.5% |
| No Concerns | 794 | 25.7% |
| Impact on learning | 706 | 24.4% |
| Staying at home on non-school days | 399 | 13.8% |
| Source of food | 693 | 24% |
| Other | 92 | 3.2% |

Answers typed into blank field; duplicates have been removed:

1. Activities I have to do. A longer school day would make it worse.
2. Adapting to a new system
3. After school activities
4. all days better stay the same and breaks too
5. Amount of schoolwork.
6. application and willingness to learn and teach effectively
7. Athletic practices/ games would end later then they already are. Parents that have children in elementary school having to find a caregiver on the day we do not have school. Longer school days will decrease the amount of hours I have to work at my part-time job. Longer school days will also cause problems in my family responsibilities at home.
8. because i want 4 day weeks instad of 5
9. being off schedule/ not getting as much work done
10. Better not add any more hours to school
11. Bullying
12. Clubs/sports/extra curriculars
13. Coming in earlier
14. Confusing
15. drained faster/less motivated. I would be fine if the start was pushed back but still longer. I still would probably get burnt out
16. Effects on social life; Not getting to see friends
17. everything bro
18. Extra homework
19. Forgetting what I learned Thursday when it's Monday, and being home for three days in a row with no break....
20. frustration of teachers with getting less pay causing them to leave the school district.
21. getting a ride to sports that are right after school.
22. getting to and from school
23. Getting too school more early than normal or later than usual. Some of us have jobs in which we have a schedule already already put in.
24. Harder and more work during school
25. Harder time on arts (orchestra, band, choir, theater)
26. having to change work schedules
27. Having to wake up more early (That's gonna be 3:30 or 4:00 AM to me)
28. Higher stress as an ADHD and Autistic student
29. Homework status

30. i already have to start walking when the sun is barely coming up it'll be even creepier walking when its pitch dark i have to walk a 30 minute walk
31. I do not want to stay in school for longer, most of us have an actual life outside of it. If there was an option to vote no on this form I would chose it
32. I don't know
33. I don't really want the school day to be longer because I already don't really have enough time to do things that I have to do at home because I get home so late at about 4:00 PM and if there were longer school days, I would go home at about 5:00 PM and that won't give me enough time really but it's not like that's any of the school's concern anyway so you can do whatever you want.
34. i don't wanna do it
35. i dont think it would be the best cause it would limit time with family
36. I feel as students need to get used to the 5 day week. Students cant vote for a 4 day week when they get a job.
37. I feel like students will have the courage of actually working and getting work done on time if we had more sleep and the ability to work on extra work at home
38. I feel very concerned about longer school days, I just want to explain that many of us have stuff we'd like to do and we feel the school day is already long enough, I have to get up at 5:30-6AM to reach the bus on time, and in the evenings I have many projects and assignments to work on with barely any time left to do things I enjoy.
39. I get one whole day without friends
40. i have my own business and we can bearly have time after riding home now getting home by 3 330 and with my job (landscaping/lawncare) we can only work in the light
41. i have sports after school and a job, it wouldn't work.
42. i like school and i believe its good how it is
43. i love u dale
44. i luv you dale
45. I personally believe that we should not have shorter holiday breaks or longer school days because I, as a student, have a lot of anxiety related to school, so having shorter school weeks would be very beneficial for students like me. We would also have extra time to work on missing assignments or homework. We would also have more family time with our parents or siblings who usually work, which might help students with anxiety or depression. Speaking of depression, they would also have time for more therapy sessions and not have to worry about the length of it, etc. A solution concerning the availability of food for some students could be bringing food to students via the bus like they did a few years ago during the virtual year, etc. Teachers would also be able to do all of their training on Mondays, therefore not having to worry about returning back to class after it's over. With all of this said, the idea of a four-day school week would be very beneficial for both students and staff.
46. i think it will impact me because of my grades
47. I want my vacation days
48. I will not be bale to see my friends as much because I cant hangout with them outside of school.
49. I'm all for the 4 days,just concerned that hat they will pile more work on the students, experienced it first hand when my child was virtual
50. I'm not on board with a four day school week.
51. idk
52. if its a 4 day week then we still get out at 2 bc getting out later in the day that messes up are plan /
53. if school had longer days athletes would go home later
54. If we make the week last only four days wouldn't we have to make up for the lost fifth every week in some way? Would this mean school lasts for a longer time period?
55. If y'all do the four-day school week there will be less absence from student.
56. Impact on learning
57. Impact on student grades
58. inconsistency in
59. inequity for seniors
60. Is school going to start even earlier than normal? Because being here at 7:15 is a struggle for most.

61. It will mess up everyone's schedule.
62. It would take away time for practices because school is longer. And we already have our work and stuff scheduled for after school so there is no point in changing it
63. It's already hard to maintain good grades with 5 days a week limiting it to 4 days just seems unrealistic because some sports have games on Mondays or practices on Mondays same with Fridays.
64. kids who need food or need all five days for like child care, already having all the days we have know by 8th hour we are all ready to go home and to be here longer would probably be harder for kids.
65. Lack of sleep.
66. later sports practice
67. less at home time for work, family or other duties outside of school
68. Less days for Band and Choir rehearsal
69. less pay for people working for the school district
70. Less practices for after school activities
71. Less socialization at school, more homework for the 5th day, less collaboration with peers, less productivity at home, etc. I know a lot of people struggle to be productive at school and I can see many people using the extra time to lay around and not do anything. Even if many people would use the 5th day for educational activities, I can see the majority of students playing video games and not using it to be productive whatsoever. Please please please please do not switch to a four day week. I would prefer to eat lunch with my friends than sitting alone at my house once a week. Socialization is very valuable to me and I really don't think I could handle not having school. I have VERY strong opinions about this.
72. less socializing away from school
73. less time to get home and take care of younger siblings.
74. less time to hang out with friends
75. Limited work hours because now 15 year olds cant work at all if they are in sports and 16+ kids can only work 6 ish hours right now but were losing part of that and our bosses wont wanna schedule us for the 3-4 hours we can now work wile still getting good sleep. and all hoping that we can get what? one day of work that we cant even guarantee we'll get? Not getting home to late so even less time to spend with family because they still have work to go to and friends? well now they have to work that day and all weekend cause they barley pull hours after school. Sports kids are messed up with there schedules now to.
76. Little kids getting off the bus in the dark on cold winter days :(
77. Little kids staying home alone and issues for parents.
78. longer holiday breaks
79. longer holiday breaks and shortened school day
80. longer school year and longer shool days i and no other student would like that
81. longer school year I like to work during the summer so i can save money for a car and college
82. longer school year?
83. Longer school year? And Block days mentally drain me.
84. Make a longer passing period?
85. make the school year longer
86. Many students already have trouble focusing for 1 school day, many would not be able to make it through if they were longer.
87. might feel like not enough time to do work if i have less days because when at home its easier to not do as much work.
88. more crammed schedules
89. More school work
90. more stress in one day
91. more work,more stress,more time with family
92. My concern is having longer school days because the school day is already long and the teachers want to get home and meet there familys or to relax.
93. My home schedule
94. my mental health in school vs at home is very different and in this case I need the three month break

95. My parents work all 5 work days of the week so if we were to have one off then we would have trouble taking care of my elementary sister with no parent at home
96. My Schedule can't fit a longer school year and i have things that need to be done before 3 so i would have to leave school early everyday.
97. my sleep will be impacted horribly that goes for everyone aswell my one concern is sports if we have longer school days then would we move it back causing us to spend more time and energy then regularly?
98. my vote is barely going to matter people are only hearing about the pros and shrouded by misjudgment decided to click 4 day week days
99. nah im cool on just 4 days of school
100. NO FOUR DAY WEEKS PLEASE AND THANK YOU
101. no having enough time for after school actives specially for outside sports because buy the time school gets done we would have that much daylight for practice
102. no summer break and class extending past 3
103. no time to do what i want to do
104. no your not takeing my summer away
105. not a long summer
106. Not leaving school until late May, not having a long enough break between school and summer school, not leaving the school until super late, and starting the school year even later, if someone misses a day of school then their not gonna have a whole lot of time to get anything done, teachers need their time and after school tutoring is gonna to make everyone have to stay back even longer.
107. Not seeing my mom long enough on breaks (I have divorced parents that live across the country)
108. nothing really
109. nun
110. parents that work a longer shift
111. people have work and they have kids that they cant take care of because there at work and mabey they cant afourd daycare
112. personally 4 school days would be more than enough be that on fridays im usually just sitting in class doing nothing because all of my work is turned in
113. PLEASE DON'T DO THIS OR I WILL LEAVE THIS DISTRICT
114. Practices for people on sporting teams.
115. practices for sports
116. Qwertyuiopasdfghjklzxcvbnm
117. really cool
118. Rehearsal time for music/performing arts
119. rushed through learning subjects
120. School is an escape to a lot of students, so shortening that for them makes them feel upset. Im concerned for their wellbeing and I think sticking to the same thing currently is common ground.
121. school is my break from my siblings
122. school is sometimes places kids get away from home problems
123. shorten school days
124. SHORTENED HOLIDAY BREAKS????? THROW THIS IDEA AWAYYYY
WHAAATTTTTTTTTTTT
125. shorter school days like wensday we get out at 12:50pm and the rest 2:50pm thats better
126. Shorter sports seasons
127. shorter summer
128. some people have jobs or have to take care of there family, personal lives outside of school even teachers
129. Sports after school and the block days.
130. Starting school at 7 in the morning, I feel if we get a four days a week then so do our teachers because they deserve time to their selves too
131. Staying later for after school activities, staying up later for homework, and going to bed to late

132. Struggling more than usual with school work. The teachers already don't explain the work well-enough.
133. The change from what I have known my entire life.
134. The longer I stay at school the less I pay attention
135. The school day would end around four and there would be about 2 hours of practice so people would leave school at 6pm unless they have other school activities after. Students also have homework and that takes about 3 hours. Have you even considered that students also would love their own time. Students would want about an hour or an hour and a half to themselves. Students won't fall asleep till 12 or 1 am.
136. Transportation for sports
137. Transportation to Sports on Day 5. Waking up earlier, especially with already proven teenagers don't release melatonin until later. Waking up earlier means more sleeping in class. You would make the school day longer, but less learning would happen in the mornings.
138. Unsure
139. waking up earlier at around 5:00 am which leads to being tired at school and being behind on work, less time at home after school, less time working at work
140. we wake up too early
141. Weird sleep schedule
142. what about people that have stuff directly after school they'll have to leave early to get to their activities
143. what about younger kids who's parents can't afford to take care of them during the off day?
144. Will it affect my work hours?
145. Will it make our summer shorter or what?
146. will the summer be shorter? will we have to do more work in one class cuz we have 4 instead of 5? will there be teachers here for tutoring?
147. working more on the extra day off
148. working my job
149. Would everyday be block day
150. Would have less time to do anything besides school any day besides Monday
151. Wouldn't get to see friends as often, gives you less time to turn in paper assignment, could cause stress at home for many people
152. younger kids not going to school and older kids having to watch them or parents not being able to pay for their kids to stay home

Question 4: Please indicate what you would consider beneficial as a student with the possible adoption of a four-day school week. Check all that apply.

| Selection choices | Number of responses | Percentage of responses |
|--|---------------------|-------------------------|
| More time with family, friends | 2122 | 73.5% |
| Opportunity to catch up on schoolwork | 1918 | 66.4% |
| More time for scheduling appointments, personal matters | 1721 | 59.6% |
| Availability to work part-time | 1683 | 58.3% |
| Student and staff well-being | 1382 | 47.9% |
| More consistent calendar with fewer random days off during the school year | 804 | 27.8% |
| Added fifth-day educational opportunities | 585 | 20.3% |
| Other | 94 | 3.3% |

Answers typed into blank field; duplicates have been removed:

1. absolutey nothing
2. Availability to work part-time, Voluteer hours for Hosa
3. Be able to play guitar and work on my music.
4. can help students and teachers with mental health
5. currently I only see my grandma about Twice a month. If i get another day off I could see her about Once a week.
6. get more sleep and focus on yourself more
7. Getting a extra day off on the drama that happens at school
8. good question...
9. have time to relax for 2 days then on sunday get ready for school for the next day
10. horrible idea.
11. I am not on board with a four day school week
12. i can get more money and be able to work 4 days of the week instead of 3
13. I do not think adopting a four day week would be beneficial
14. i don't know
15. I don't really have beneficial
16. I don't see anything beneficial, in fact i think it would worsen my situation
17. I don't think anything is beneficial about this
18. I don't want a four day week i want five days please don't change it
19. I don't like it
20. I dont agree with the 4 day weekend
21. i dont like this
22. i dont see positives
23. i dont want a 4 day week
24. I DONT WANT A 4 DAY WEEK
25. I dont want a four-day week i want a five-day week
26. I honestly don't think that 4 days a week would make any difference I think we should just stick to the 5 days a week.

27. i see no benefits because it makes the school year longer and having a extra day of no school will make my sleep bad not helping me to focus when its school time
28. i think its just dumb were not gone learn as much as we do now
29. I think that we should get out at 12:25 and not 1:52 that's barley a half day and a lot of us being having work.
30. I think this is a very stupid idea
31. I would not want this
32. I wouldn't consider any of this beneficial.
33. ibk
34. idk
35. Just some nice mental health benefits for everyone involved
36. just to have time to complete work for school
37. less absences from student.
38. less stress. Not a full week of school would help.
39. longer weekend times
40. Mental health breaks
41. more sleep
42. more sports and free time
43. More time being by myself
44. more time in classes to get work done
45. more time to do things i wanna do
46. more time with my horses
47. No benefit, I have been in school for 12 years already, and its been the same. If you are gonna change it, change it after I graduate.
48. none it would mess up my whole school schedule and I would fail all of my classes
49. NONE!!!
50. none.
51. none. we benefit with 5 day weeks.
52. Not sure
53. nothin really
54. nothing at allll
55. nothing i dont want 4 day weeks.
56. nothing will be beneficial to a 4 day week
57. Nothing, literally nothing. I LOVE FIVE DAY WEEKS PLEASE DON'T GET RID OF THEM PLEASE PLEASE PLEASE NOOOOOO
58. pick up more hrs when i get a job
59. Play more video games
60. Please do not do 4 day weeks, I beg of you
61. The process of school is perfectly fine the way it is now. Doing this can affect many families, school is a great escape for students who wants to get away from home while they can.. I think this needs to have more thought to it rather than it just being a "break"....
62. There are none
63. there is none
64. There is not anything really beneficial to having a 4 day week
65. There would be less fights and threats because we would be at home
66. this doesn't really help anyone it causes more problems.
67. this will not be beneficial to students or parents
68. Time to yourself
69. To Rest your body
70. what ever
71. whatever the day brings
72. working, baseball and a couple more things