



Junior Reserve Officer Training Corp - JROTC LET I Semester Class Overview

The following learning targets represent the major concepts studied and assessed in this course.

Semester 1:

Learning, Education, and Training LET 1: First Semester

- **CHAPTER ONE-JROTC FOUNDATIONS UNIT 1**
- LESSON 1: INTRODUCING JROTC
- LESSON 2: JROTC: THE ORGANIZATION AND TRADITIONS OF SERVICE PROGRAMS
- LESSON 3: CUSTOMS AND COURTESIES OF JROTC
- LESSON 4: SOCIAL ETIQUETTE AND MANNERS
- **CHAPTER THREE- TEAM BUILDING UNIT 1**
- LESSON 1: TEAM BUILDING AND DRILL
- LESSON 2: STATIONARY MOVEMENTS AND MARCHING TECHNIQUES
- LESSON 3: SQUAD DRILL
- **CHAPTER TWO-PERSONAL GROWTH AND BEHAVIORS UNIT 1**
- LESSON 1: THINKING MAPS
- LESSON 2: SELF-AWARENESS
- LESSON 3: APPRECIATING DIVERSITY THROUGH WINNING COLORS
- LESSON 4: THINKING AND LEARNING
- LESSON 5: READING FOR MEANING
- LESSON 6: STUDY AND TEST-TAKING
- **CHAPTER FIVE HEALTH AND FITNESS UNIT 1**
- LESSON 1: UNDERSTANDING AND CONTROLLING STRESS
- LESSON 2: CADET CHALLENGE
- **CHAPTER SIX-SERVICE LEARNING UNIT 1**
- LESSON 1: INTRODUCTION
- LESSON 2: PREPARING FOR SERVICE LEARNING
- **1ST SEMESTER REVIEW AND FINAL EXAM**

Semester 2:

Learning, Education, and Training LET 1: Second Semester

- **CHAPTER FOUR-DECISION MAKING UNIT 1**
- LESSON 1: MAKING DECISIONS AND SETTING GOALS
- LESSON 2: ANGER MANAGEMENT
- LESSON 3: RESOLVING CONFLICTS
- **CHAPTER TWO-PERSONAL GROWTH AND BEHAVIORS UNIT 1**
- LESSON 7; PERSONAL CODE OF CONDUCT
- LESSON 8: PERSONAL GROWTH PLAN
- **CHAPTER ONE-LEADERSHIP UNIT 2**
- LESSON 1: ELEMENTS OF LEADERSHIP
- LESSON 2: LEADERSHIP ATTRIBUTES
- LESSON 3: LEADERSHIP COMPETENCIES
- LESSON 4: LEADERSHIP STYLES

- **CHAPTER TWO-PERSONAL GROWTH AND BEHAVIORS**
- LESSON 1: BECOMING A BETTER COMMUNICATOR
- LESSON 2: BECOMING A BETTER WRITER
- LESSON 3: DELIVERING YOUR SPEECH
- LESSON 4: CAREER CONSIDERATIONS
- LESSON 5 ETHICAL CONCEPTS AND YOU
- **CHAPTER FOUR-FIRST AID UNIT 2**
- LESSON 1: FIRST AID EMERGENCIES
- LESSON 2: FIRST AID FOR COMMON INJURIES
- LESSON 3: SEVERE EMERGENCIES
- **CHAPTER THREE-TEAM BUILDING**
- LESSON 1: TEAM MEMBERS QUALITIES
- LESSON 2: DRILL LEADER SKILLS AND RESPONSIBILITIES
- LESSON 3: TAKING CHARGE: LEADERSHIP RESPONSIBILITIES
- **2ND SEMESTER REVIEW AND FINAL EXAM**

Essential Questions for LET I

- What is the Mission of JROTC?
- Is JROTC the right fit for me?
- What is the definition of a Leader?
- What are the leadership styles?
- How do I obtain rank in JROTC?
- Why should I learn how to perform static marching drills?
- Why should I learn how to perform basic marching drills?
- Why should I learn the Cadet Creed and apply it to my life?
- Why should I learn my personality traits using the Winning Colors program?
- Why is first aid important to me?
- How do I determine what type of career is best for me?
- Why is it important to be a good communicator?